When 7th-12th graders were asked “how recently, if ever, have you used a prescription drug not prescribed to you?” 17% of all the students in Texas and in the region reported they have used a non-prescribed drug recently.

20.8% of students in 7th-12th grade reported they have used marijuana at some point in their lifetime.

9.1% of 12th graders, 8.1% of 11th graders, and 6.4% of 10th graders reported attending class while high at least 1 to 3 days, this same group also reported attending class high 10 or more days.

31.1% of students reported they have used tobacco in their lifetime. About 70% in both the state and the region reported to have never used tobacco.

9th-12th graders reported having used tobacco in the past month in both the state and the region at about 74%.

- 3.1% of 11th graders in the region reported that they normally use alcohol several times a week.
- Grades 9-12 reported that they use alcohol about once a month, with percentages of 11.1% (9th grade), 13.1% (10th grade), 14.4% (11th grade), and 20% (12th grade).
- All grades (7th-12th) reported that they use alcohol about once a year and less than once a year; however, grades 10 and 11 had the highest percentage of those who use about once a year to less than once a year.

27.1% of 7th-12th graders reported to have used e-vaping products before.

Due to COVID-19 and the mandated school closures, the data is combined with other regions across the state to provide a viable sample of use among the students. Region 8 was combined with Region 6-Gulf Coast (Houston MSA) and Region 11- Rio Grande Valley/Lower South Texas (Edinburg MSA).