



South Central Texas Region 8 Partners

A Partnership for the Prevention Resource Center (PRC) Region 8

PRC Region 8 Partners recognize that local problems require local solutions. They collaborate with providing access to data regarding the state's prevention priorities and issues related to drug use. To create locally-based data-driven strategies to address and reduce local substance abuse problems that are aligned with the state of Texas.

The Prevention Resource Center (PRC) Region 8 proudly serves the 28 counties of South Central Texas by providing access to data regarding alcohol, tobacco, and other drug use and misuse, as well as behavioral, mental, and physical health issues related to drug use. PRC 8 also collaborates with community stakeholders and builds strong partnerships with organizations that collect data through questionnaires, needs assessments, surveys, focus groups, and informant interviews.



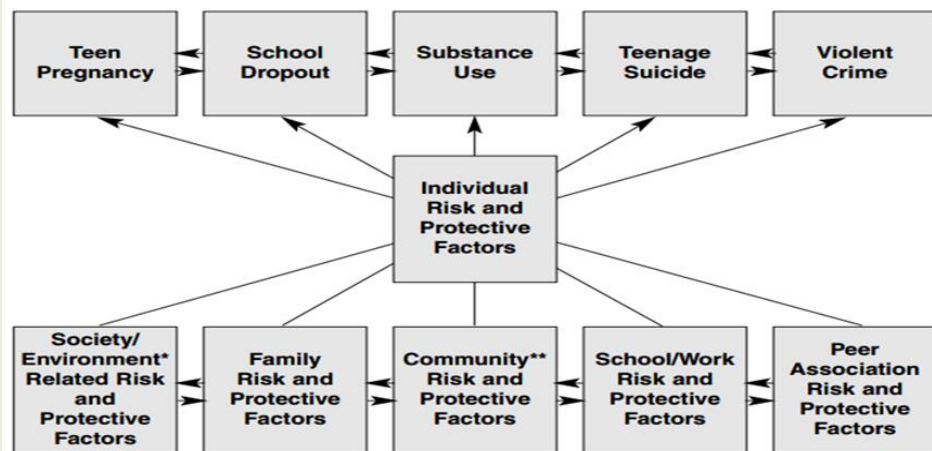
PREVENTION PROGRAMS CAN STRENGTHEN PROTECTION OR INTERVENE TO REDUCE RISKS

Reducing the "risk factors" in the environments of kids that increase the odds they will become involved in high-risk behavior, while **increasing** the "protective factors" that shield our youth from the full impact of risk factors and other life stress should be the goal of **every** family, school, and youth-serving community organization.

For young children already exhibiting serious risk factors, delaying intervention until adolescence will likely make it more difficult to overcome risks. By adolescence, children's attitudes and behaviors are well established and not easily changed.

Source: (National Institute on Drug Abuse: Preventing Drug Use among Children and Adolescents)

Web of Influence



*Society/Environment: Refers to the total complex of external social, cultural, and economic conditions affecting a community or an individual.

**Community: Refers to the specific geographic location where an individual resides and to the conditions within that particular area.

The risk and protective factors listed above are based on research and offer several recommendations for minimizing youth involvement in high risk behavior and maximizing life success. The following protective factors help youth resist substance use:

The Five Core Protective Factors

- Strong bonds exist between youth and adults
- Youth gain the skills necessary for becoming a mature adult
- There are opportunities for youth to have meaningful involvement in the community
- Such involvement is recognized
- Healthy beliefs and clear standards are communicated and modeled

For the complete 2015 Regional Needs Assessment please visit:

www.prcregion8.org

San Antonio Council on Alcohol and Drug Abuse

South Texas Centre AT&T Building

7500 US Hwy 90 West, Suite 100

San Antonio, TX 78227

210.225.4741



2016 Region 8 –Upcoming Events and Trainings

The Regional **Events and Trainings** are assembled by the Prevention Resource Center Region 8, a program within the San Antonio Council on Alcohol Drug Abuse (SACADA) with support from the Texas Department of State Health Service (DSHS).

These events and Trainings are open to all community members and we welcome collaboration from our partners. Light refreshments and coffee will be available at events and trainings.

First Friday Workshops: (\$35 for 3 CEU's)

Recovery Messaging Training - Friday, April 1, 2016 (9:00am –12:00pm)

Students Health Risk Behaviors: *When do Counselors Break Confidentiality?* – Friday, April 1, 2014 (1:30pm – 4:30pm)

Prevention Trainings: (CEU's available)

Breakfast for Birdies Networking Event: 03/16/2016 (9:00am - 10:00am)

Alcohol Our #1 Drug of Concern: 03/16/2016 10:00am - 12:00pm

The 411 on 420: How to Talk about Marijuana- 04/20/2016 10:00am – 12:00pm

CEPP Training Series: (15 hour CEPP)

6/7/2016 CEPP: Building a Basic Brain

6/8/2016 CEPP: Our Second Brain

6/8/2016 CEPP: The Impact of Stress

6/9/2016 CEPP: Neuroscience of Resiliency

6/9/2016 CEPP: The Nature of Healing

Prevention Workshop: (\$25 for non-DSHS funded- 6 CEU's)

Classroom Management for at Risk Youth: 03/18/2016 (8:00am - 5:00pm)



The Response

Region 8 Partners take an active role in addressing the problem of youth substance use through prevention strategies targeting youth in the schools, community institutions, and policies. These strategies include:

Social Host Ordinance
Tobacco Compliance Checks
Regional Needs Assessment

Education and Trainings
Coordinate Prevention Trainings
Prevention in School

In addition, Region 8 Partners seeks to increase community awareness of substance use and related problems and promote the message that adolescent drinking and drug use is **everyone's** problem. Informing stakeholders, parents and other community members about the trends is an essential step in preventing youth substance use.

Thank You to all our Partners!!!

Looking at the accomplishments Region 8 Partners have helped to produce the PRC's Regional Needs Assessment. Region 8 PRC's Partners are making a difference.

We serve our communities by providing data on the state's Three Prevention Priorities of alcohol, marijuana, and prescription drug use, as well as tobacco and other drugs. We provide data to schools, colleges, universities, coalitions, councils, events, and other stakeholders within our communities. This is done through Information Dissemination which provides awareness and knowledge of substance abuse issues and trends through the data collected by the central data repository.

Your Help is Needed!

We are looking for partnerships to share data with that is valid and reliable as it relates to the consequences of drugs, tobacco, alcohol and other drugs.

The Community Agreement is simply a handshake that indicates the many services we provide to you and is **not legally binding**. As our partner we ask that you inform other agencies or stakeholders about our data that they can use as a tool for grant writing activities, educating the public and for making data driven decisions for policy changes within your communities.

Please Partner with us and return the Community Agreement by:

Fax: 210.225.4768 OR

Mailing Address: SACADA, 7500 US HWY 90 West, San Antonio, TX 78227 OR

If you would like more information or a presentation: gjuarez@sacada.org

Community Partners in Region 8

Alamo Area Youth MOVE
Atascosa Interagency Council
Atascosa Juvenile Probation Dept.
Bandera County Juvenile Probation
Bethel Prevention Coalition
Bexar County Juvenile Probation Dept.
Calhoun County Sheriff Office
Camino Real Community Services
Children & Adolescent MH
Children's Bereavement Center
Circles of San Antonio Community Coalition
Comal County Juvenile Probation
Connections Individual and Family Services
D' Hanis Independent School District
D&E Driving School
Dimmit County Juvenile Probation Department
East Texas Council on Alcohol and Drug Abuse
Edwards County Sheriff's Office
Family Service Association
Family Service Association of San Antonio
Family Violence Prevention Services
Frio County Juvenile Probation
Frio County Sheriff Office
Gillespie County Juvenile Probation
Gillespie County Sheriff Office
Goliad County Juvenile Probation
Goliad County Sheriff's Office
Gonzales County Juvenile Probation
Guadalupe County Sheriff's Office
Hill Country Council on Alcohol and Drug Abuse
Karnes City Independent School District
Karnes County Juvenile Board
Kinney County Juvenile Probation
Lavaca County Juvenile Probation
MCH Family Outreach
Medina County Sheriff's Office
Mid-Coast Family Services
Our Lady of the Lake University
Project Heart
Public Allies San Antonio
R&K Specialized Homes
Recovery Support Service
Region 5 Prevention Resource Center
Region 8, Tobacco Prevention & Control
Region 9, Prevention Resource Center
Rite Recovery
San Antonio Club House
San Antonio Metropolitan Health District
San Antonio PD Vice
South Texas Rural Health Service
Texas Federation for Children of Mental Health
The Health Collaborative
Uvalde County Sheriff's Office
Val Verde County Juvenile Probation Department
Volunteers of America
Web Oriented Recovery Care (WORC)
Wesley Health & Wellness Clinic
Wilson County Juvenile Probation



Representatives from these organizations and businesses working together to reduce substance abuse in the community

Contact

Gyna Juarez, MPA, ACPS,

Prevention Director

San Antonio Council on Alcohol & Drug Abuse

7500 US Hwy 90 West, Suite 100

San Antonio, TX 78227

Phone 210.225.4741

Email: gjuarez@sacada.org